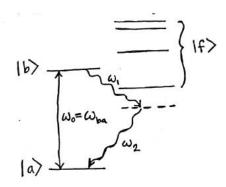
Problem Set 10 Due Wednesday, May 9th, 2012

Problem 1. Spontaneous Two-Photon Emission (15 pts)



In this problem you will first derive a very general formula for calculating the rate and fluorescence spectrum of an atomic transition from an upper state $|b\rangle$ to a lower state $|a\rangle$ by spontaneous emission of two photons. Next, you will apply this formula to estimate the lifetime of the metastable 2S state of hydrogen. Throughout this problem, difference frequencies are labeled according to the convention $\omega_{mn} \equiv \omega_m - \omega_n$.

(a) The Göppert-Mayer formula.

In order to find $A(\omega_1)d\omega_1$, the rate for spontaneous emission of two photons with one photon having frequency between ω_1 and $\omega_1 + d\omega_1$, we can follow an approach similar to the one used in class for calculating the single-photon spontaneous emission rate. We will start with the two-photon excitation rate from $|a\rangle$ to $|b\rangle$ for monochromatic beams with frequencies ω_1 and ω_2 .

As shown in Lecture 22 (April 27), as well as the chapter on "Two Photon Excitation" in the Wiki notes, if we neglect absorption of two photons with the same frequency, then second order perturbation theory gives the following amplitude for state $|b\rangle$ after excitation for a time t:

$$a_{b}^{[2]} = \frac{1}{4\hbar^{2}} \sum_{f} \left\{ \frac{H_{bf,2}H_{fa,1}}{\omega_{1} - \omega_{fa}} \frac{e^{i(\omega_{ba} - \omega_{1} - \omega_{2})t} - 1}{\omega_{ba} - \omega_{1} - \omega_{2}} + \frac{H_{bf,1}H_{fa,2}}{\omega_{2} - \omega_{fa}} \frac{e^{i(\omega_{ba} - \omega_{1} - \omega_{2})t} - 1}{\omega_{ba} - \omega_{1} - \omega_{2}} \right\}$$

(As will be clear later, the contribution to the spontaneous emission rate from processes involving two photons of the same frequency is completely negligible because there are so many other probable ways to emit two photons.) i) Find the excitation rate $\Gamma_{ab}(\omega_1)$ when one beam has frequency ω_1 . Your expression should include a resonance condition which constrains ω_2 .

ii) Show that your expression is mathematically equivalent to

$$\begin{split} \Gamma_{ab}(\omega_1) &= \Gamma_{ba}(\omega_1) \\ &= \frac{\pi E_1^2 E_2^2 e^4}{8\hbar^4} \left| \sum_f \left\{ \frac{\langle a | \mathbf{r} \cdot \hat{\mathbf{e}}_1 | f \rangle \langle f | \mathbf{r} \cdot \hat{\mathbf{e}}_2 | b \rangle}{\omega_2 + \omega_{fb}} + \frac{\langle a | \mathbf{r} \cdot \hat{\mathbf{e}}_2 | f \rangle \langle f | \mathbf{r} \cdot \hat{\mathbf{e}}_1 | b \rangle}{\omega_1 + \omega_{fb}} \right\} \right|^2 \\ &\times \delta(\omega_{ba} - (\omega_1 + \omega_2)). \end{split}$$

Note that we can also obtain this expression by considering two-photon *emission*—one needs only to swap a and b and change the signs of ω_1 and ω_2 in the expression for the absorption rate.

iii) Give a physical interpretation for the terms in the sum.

iv) Obtain the expression of $A(\omega_1)$. To do so, first express E_1^2 and E_2^2 in terms of the number of photons n_1 , n_2 occupying some specific modes with frequencies ω_1 , ω_2 . Hint: write the electric field operator E in terms of photon number raising/lowering operators a^{\dagger} and a. Given a coherent mode $|\alpha\rangle$, consider the expectation value of the photon number operator $\langle n \rangle = \langle a^{\dagger} a \rangle$ and the amplitude of the expectation value of the electric field $\langle E_0 \rangle$

Next, replace n_1 , n_2 with the densities of modes at frequencies ω_1 , ω_2 . Proceed to calculate $A(\omega_1)d\omega_1$, the two-photon spontaneous emission rate with one photon at frequency ω_1 and the other photon at frequency $\omega_2 = \omega_{ba} - \omega_1$. (By analogy to the one-photon case, if the two-photon absorption rate is $\bar{n}_1\bar{n}_2R$, then the two-photon spontaneous emission rate is R.)

At last, derive the following expression:

$$A(\omega_1)\mathrm{d}\omega_1 = \frac{8e^4}{\pi\hbar^2 c^6} \omega_1^3 \omega_2^3 \left\langle \left| \sum_f \left\{ \frac{\langle a | \mathbf{r} \cdot \hat{\mathbf{e}}_1 | f \rangle \langle f | \mathbf{r} \cdot \hat{\mathbf{e}}_2 | b \rangle}{\omega_2 + \omega_{fb}} + \frac{\langle a | \mathbf{r} \cdot \hat{\mathbf{e}}_2 | f \rangle \langle f | \mathbf{r} \cdot \hat{\mathbf{e}}_1 | b \rangle}{\omega_1 + \omega_{fb}} \right\} \right|^2 \right\rangle_{\mathrm{avg}} \mathrm{d}\omega_1.$$

The angle brackets indicate an average over all possible polarizations and directions of propagation for the two photons. (Don't lose too much sleep if you can't get the factor of 8 in front.)

This result was first published in 1931 by Maria Göppert-Mayer, one of the first persons to investigate multi-photon processes using the new quantum mechanics.

You don't need to work this out, but the formula above can be simplified by evaluating the average and expressing the matrix elements in terms of the operator z:

$$A(\omega_1)\mathrm{d}\omega_1 = \frac{8e^4}{3\pi\hbar^2 c^6}\omega_1^3\omega_2^3 \left|\sum_f z_{af}z_{fb}\left(\frac{1}{\omega_1 + \omega_{fb}} + \frac{1}{\omega_2 + \omega_{fb}}\right)\right|^2 \mathrm{d}\omega_1$$

(G. Breit and E. Teller, Astrophysical Journal 91, 215, (1940).)

(b) 2S natural lifetime.

The 2S state in hydrogen decays almost exclusively by spontaneous two-photon emission. (FYI: The transition to the Lamb shifted 2 ${}^{2}P_{1/2}$ level is allowed by electric dipole radiation, but owing to the small value of the Lamb shift, the transition probability is negligibly small, equivalent to a lifetime of 163 years. The magnetic dipole transition to the 1 ${}^{2}S_{1/2}$ is forbidden in the non-relativistic approximation since the radial wavefunctions of the two states are orthogonal. However, after relativistic corrections, the matrix element is no longer exactly zero, corresponding to a lifetime of about five days (see Corney, Laser Spectroscopy)).

We will use the following approximations:

- (i) Only the 2P level contributes as an intermediate state.
- (ii) Use the Bohr radius a_0 for both relevant matrix elements of z.
- (iii) Treat 2S and 2P as degenerate (namely, $\omega_{fb} \simeq 0$).

For an order of magnitude estimate of the hydrogen 2S state lifetime, we can use the Göppert-Mayer formula and use the above approximations.

i) Use the total spontaneous decay rate to obtain the lifetime τ of the 2S state:

$$\frac{1}{\tau} = A_{\tau} = \frac{1}{2} \int_0^{\omega_{ba}} A(\omega_1) d\omega_1.$$

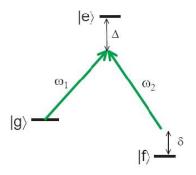
The factor 1/2 is included since the same photon pair occurs twice when integrating from 0 to ω_{ba} .

ii) Express the 2S lifetime in seconds.

iii) Plot the spectrum $A(\omega_1)$ over its entire range.

The actual 2S state lifetime is 0.122 s. The higher P states as well as the continuum contribute significantly to the 2S decay rate. However, it turns out to be an arduous calculation to sum over the intermediate states accurately, even for the hydrogen atom. It was nearly three decades after Göppert-Mayer did her pioneering work that the 2S lifetime was calculated to more than one significant digit! (J. Shapiro and G. Breit, Phys. Rev. **113**, 179 (1959).)

To my knowledge, the 2S lifetime has not been directly measured except in ultracold, magnetically trapped hydrogen. (C. L. Cesar *et al.*, Phys. Rev. Lett. **77**, 225 (1996).)



A three-level atom with states $|g\rangle$, $|e\rangle$, $|f\rangle$ driven by two laser fields with Rabi frequencies ω_1 and ω_2 on the transitions $|g\rangle \leftrightarrow |e\rangle$ and $|f\rangle \leftrightarrow |e\rangle$, respectively, is described in the rotating-wave approximation in the interaction picture by the Hamiltonian:

$$H = \hbar \begin{pmatrix} 0 & \frac{\omega_1}{2} & 0\\ \frac{\omega_1}{2} & \Delta & \frac{\omega_2}{2}\\ 0 & \frac{\omega_2}{2} & -\delta \end{pmatrix}$$

a) Show that on two-photon resonance ($\delta = 0$) there is a dark state that has no light shift and no admixture of the excited state $|e\rangle$, independent of the one-photon detuning Δ . Write down the dark state in terms of the components $|f\rangle$, $|g\rangle$ and the Rabi frequencies ω_1, ω_2 and interpret the result.

b) Now assume one- and two-photon resonance, $\Delta = \delta = 0$. Show that the dark state can be evolved adiabatically from $|g\rangle$ to $|f\rangle$ by slowly changing the Rabi frequencies ω_1, ω_2 . This process is called STIRAP (stimulated rapid adiabatic passage), and allows you to transfer atoms between two ground states without involving loss from decay of the excited state $|e\rangle$ to other levels.

c) Adiabaticity requires that the overlap of time derivative of the dark state with a bright state to be much less than the energy spacing of the two levels. What is the condition on ω_1 , ω_2 for STIRAP to be adiabatic?

8.421 Atomic and Optical Physics I Spring 2014

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