### Human Factors and Life Support in Apollo

Engineering Apollo 16.395/ESD.30/STS.471 Prof. Laurence R. Young

#### **1958 NACA Space** Technology Study Chaired by Guy Stever of MIT Human Factors and Training Group chaired by Randy Lovelace, MD **15 Technical Areas** Wiesner and Abelson wanted NASA out of the science Need for a basic biomedical research program

# 1958 HF and Life Science Issues

- 1. Program administration
- 2. Acceleration
- 3. Hi-intensity space radiation
- 4. Cosmic radiation
- 5. Nuclear propulsion
- 6. Ionization effects
- 7. Human info processing/comm.

# 1958 HF and Life Science Issues (cont)

- 8. Displays
- 9. Closed-cycle living
- 10. Balloon simulators
- 12.Space capsules
- 13. Crew selection and training
- 14. Research Centers
- 15. Launch sites

#### Major Life Science Issues

Astronaut Selection Medical Requirements Skill Set

Life Support Systems Accelerations Atmosphere

#### Early Biomedical Concerns

Heart Failure Pneumonia Muscle cramps Balance Sleep Bone loss Eating/drinking Disorientation Manual control Vision Hearing Separation

#### **Acceleration Tolerance**

Transverse (Eyeballs In) Fitted couches Decreased tolerance

# Animals in Space First?

Science Community wanted Animals Chimps trained for flight Enos had ectopic heart beats Ham successful in Mercury suborbital flight

- X-15 program seemed to qualify man for flights
- Biosatellite 3 flights with chimps 1963-67

# Office for Biotechnology & Human Reseacrch

Man-machine integration Advanced life support (AG and closed systems) In-flight animal studies Bioinstrumentation

# In-Flight Medical Monitoring

#### No knowledge of o-g tolerance A source of friction with crews Originally only: Body temp. (rectal, then oral) Respiration rates (thermistor then impedance pneumograph) Blood pressure, later, ECG **Reliance on voice and interrogation**

# Pilots vs. Flight Docs

Pilots feel invincible

Flight surgeons are conservative and are considered a threat

Scientific community wants more studies

See Charles Berry quote, p. 149 of Engle and Lott

#### **Astronaut Duties**

Backup of the automatics systems Scientific observer Engineering observer Test pilot

# **Crew Training**

Space familiarization High performance aircraft Exposure to stresses Simulation

# Flight Crew Training

Selection Physical health Mental health Test Pilot Experience Training

# Coordination of Manned Program

NACA WG on Human Factors Chaired by Guy Stever (MIT) Report by Randy Lovelace Air Force Lead (X-15 and beyond) Dyna-Soar

# **Mercury Biomedicine**

Life Science Advisory Committee, 1959 Randy Lovelace, Chair Stan White, MD Bob Voas, PhD Only involved in selection

# 14 day Gemini key to Apollo Biomedicine

Acceleration (Henry-Gauer) Pneumatic cuffs Bungee exerciser Weightlessness Radiation **Capsule environment**  Waste management Isolation Sleep Man-machine Food and water RBC loss found

#### Life Science in Apollo

Microgravity Effects Radiation Protection Planetary Protection Other science

### Oxygen vs Air

Oxygen Advantages Lower pressure Lighter structure Avoids hypoxia Avoids bends Simpler engineering

Oxygen disadvantages Long term hyperoxia Fire hazard Science impact Toxic oxidation products

#### Carbon Dioxide

Potentially lethal if not regulated Simple LiOH Cannisters Need for monitoring Later – molecular sieve and other chemical reactions

### US and Soviet Spacecraft

Figures removed due to copyright restrictions.

Graph of atmosphere compositions of various U.S. and Soviet spacecraft, and image of the Apollo-Soyuz joint mission.

# **Pre-Selection Testing**

Only active duty military test pilots tested IQ and engineering and math aptitude Medical evaluation Centrifuge Hypo-baric chamber Thermal chamber Parabolic flight

### **ORIGINAL SEVEN**

Selected for: Intelligence **Physical Stamina** Health Science/Engineering Light Weight Not too tall (71 in.) Below 35 (later 39) yrs

#### **Pilot Performance**

Disorientation Isolation Illness Recency

#### **Space Suits**

Designs based on high altitude pressure suits Backup to cabin pressurization EVA mobility Pure oxygen PLSS, 3.7 psi Evaporative cooling, later liquid cooling Excessive heat production