Maximizing Feedback Conversations

15.281

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Agenda

- Giving and receiving feedback
- Common feedback mistakes
- Tips for providing feedback
- Bad versus good feedback
- Giving negative feedback properly
- > Two important points
- An exercise to practice

Giving and Receiving Feedback

- Concrete and specific
- Helpful
- Descriptive
- Relevant
- Timely
- Desired



Accept the Feedback You Receive Take a moment Restate or before responding paraphrase back Feedback Clarify Take notes Receiver Try to see Evaluate feedback from speaker's later point of view

Receiving Feedback

- Ask from those you trust and who will be honest
- Ask for specifics
- Don't be defensive. Listen and ask to understand.
- Do not over- or under-react
- Summarize
- Explain what you will do differently
- Thank the person

Common Feedback Mistakes

- Speaking out only when things are wrong.
- Drive-by" praise without specifics "Great job!"
- Waiting until performance is significantly below expectations before acting on it.
- Giving positive or negative feedback long after the action has occurred.
- Not taking responsibility for your feedback.
 "This came straight from the top."

Common Feedback Mistakes

- Giving feedback via e-mail or telephone.
- Giving negative feedback in public.
- Criticizing performance without offering suggestions for improvement.
- No follow-through.
- Not having on-going and regularly scheduled performance reviews.

Tips for Providing Feedback

- Be proactive. Nip issues in the bud.
- Be specific. Give specific examples.
- Develop a measurable progress plan to check changes in behavior/performance during a specific time period.
- Link employees' performance to organizational goals.

Bad versus Good Feedback

Bad Feedback

1) Demotivates,
 focuses on blame;
 creates defensiveness
 and confrontation

2) Problem-oriented;does not improve skill

 3) Undermines
 confidence and selfesteem Good Feedback

 1) Encourages, focuses on improvements – achieved or possible; creates trust and cooperation

2) Solution-oriented;improves skills

3) Increases
 confidence in ability and potential

Giving Negative Feedback Properly

- Get your emotions under control.
- Find a private setting.
- Focus on actions/behaviors; not the person.
- Be specific. Be timely. Be calm.
- Stop talking and LISTEN.
- Define positive steps.

Two Important Points

- Feedback delivered during a performance review should not come as a surprise.
- There should be a direct correlation between written and oral feedback.

An Exercise to Practice Feedback Skills

- Work in groups of three
- One person is the employee, one the supervisor, and one the observer
- Choose a scenario and role play for 5-7 minutes
- Observer should provide feedback
- Go through three iterations, switching roles
- Class debrief

Preview of Monday's Class

- Leadership Communication: Handling Hostility
- *READ:* Managing Anger; and A Better Path to High Performance

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